Huws muse: Autumn 2019.



And so the Autumn season is upon us, with winter on the way. Personally I enjoy all the seasons and the difference they bring to our country. Each one has it's own distinct feel and this brings variety to our landscape and climate. As a nation we must enjoy it as it's often all we talk about!

Autumn is characterised by the changing colour of our trees and the amazing show they put on for us . They are preparing to shut down for the winter months and many changes are taking place inside them . by a very clever chemical process they are shutting down and shedding the leaves that have sustained them through the year . It is estimated that an oak tree may shed up to a quarter of a million leaves (which is why in America they call it ' the Fall ') . these fallen leaves will rot down to provide food for the following year . The leaf fall also makes the tree less resistant to the winter winds and therefore less likely to sustain damage .

The trees also shed their nuts and seeds at this time of year providing wildlife with a food store for the winter. The squirrels often forget where they've hidden them (I know the feeling!) and so can germinate to produce new trees for the future.

The whole process of the Autumn change is about nature slowing down and preparing to hibernate for the winter . We are grateful for their spring and summer show and wish them a nice few months sleep .



So get your wellies and bobble hat on and get out there! HUW.