

Are you worried about the rising cost of living?

Come along to one of our events for advice on:

- financial support you may be eligible for
- energy saving
- reducing food waste
- free activities to try
- stopping smoking
- mental health support

We will be at:

**Willow Brook Shopping Centre
Bradley Stoke**

on Monday 6 March from 12 – 4pm

**Kings Chase Shopping Centre
Kingswood**

on Tuesday 7 March from 1 – 5pm

Staple Hill High Street

on Thursday 9 March from 10am – 2pm

Yate Shopping Centre

on Friday 10 March from 10am – 2pm

For more information visit:

 www.southglos.gov.uk/costofliving
or scan **here.**

